



Step-by-Step Hairstyles Coil Bun

NOTE: Please read the "Four Quick Steps to Getting Started" section BEFORE you begin to understand how to hold the comb, etc.

Step 1



Section hair into a ponytail depending how high you wish the bun to be. Hold the ponytail base with one hand and twist the entire length of ponytail with the other until it is taut and begins to coil.



Step 2

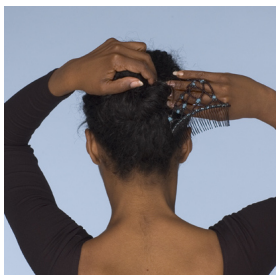


Wrap twisted hair around itself beginning at the base. Continue wrapping in a circular motion until a round bun is created.

Tuck the end of the "tail" under and into the bun—especially if your hair is sleek and silky. The bun will hold better the more deeply the ends wrap underneath. Hold coiled bun in place with one hand.



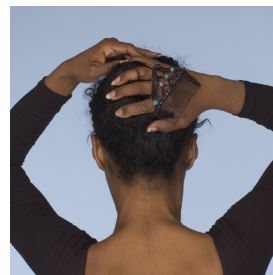
Step 3



Slide Comb#1 into your hair and make certain teeth extend underneath the bun. (It is important that the teeth and comb are resting against the scalp, not in the hair itself, this anchors the coil to your head more securely.)



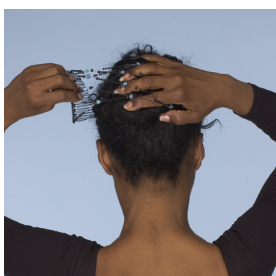
Step 4



Reach through stretchbands with the fingertips of Right hand and release left hand.



Step 5

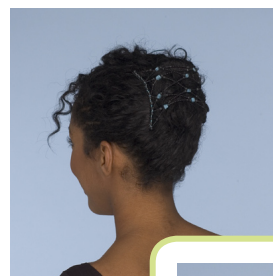


Grasp Comb#2 with left hand and STRETCH it up and over the coil.

Note: Trina's hair is thick, long and curly. For this heavy single coil bun, she is using a Large size HairZing.



Finished!



Depending on where you place the coil bun, the look completely changes. Trina has moved the coil lower to the nape of the neck in this image.

(Shown: Large size Hairzing.)

